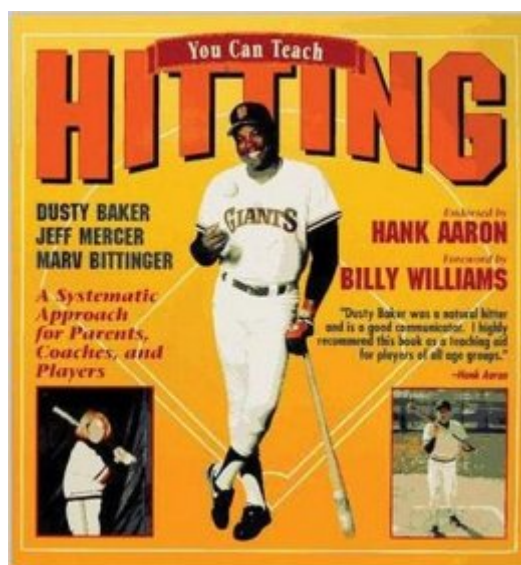


The book was found

You Can Teach Hitting: A Systematic Approach For Parents, Coaches, And Players



Synopsis

"Dusty Baker was a natural hitter and is a good communicator. I highly recommend this book as a teaching aid for players of all age groups." -- Hank Aaron

You Can Teach Hitting is more than a set of instructions and guidelines for swinging a bat. It's a book written for baseball teachers--coaches, parents, even peers--who want to teach hitting better. And for hitters--youngsters and professionals--who want to learn to hit better. *You Can Teach Hitting* takes you from selecting your bat to selecting your pitch. From the science of the swing to the art of situational hitting. And it shows, step by step, how you can teach--or achieve--the "Three C's" of hitting--confidence, concentration, consistency--while avoiding the ten most common mistakes. And because baseball is a team sport, this book also provides hitting drills, specific approaches to hitter development by age, and tips on organizing more effective team practices. *You Can Teach Hitting* will help everyone get more out of their game. From beginning coaches to veterans. From teeballers to advanced hitters. It's pure baseball. A book that's bound to make the game more fun for young hitters--and more challenging for young pitchers.

Johnnie B. "Dusty" Baker, an outstanding hitter through fifteen major league seasons, is the former batting coach and current manager for the San Francisco Giants, where he's helped develop hitters the likes of Will Clark, Matt Williams, Robby Thompson, and Kevin Mitchell. Jeff Mercer, a highly regarded hitting instructor and former assistant coach at Indiana University, brings a knowledge and experience of the game that will improve you as a coach or a hitter. Marv Bittinger, teacher and author of better than 100 mathematics textbooks selling over six million copies, contributes his proven writing talents and an unrestrained love of the game to this unique collaboration.

Book Information

Paperback: 234 pages

Publisher: Bittinger Books & Masters Press; 1st edition (December 20, 1993)

Language: English

ISBN-10: 0940279738

ISBN-13: 978-0940279735

Product Dimensions: 8.3 x 0.6 x 9 inches

Shipping Weight: 12.6 ounces

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (23 customer reviews)

Best Sellers Rank: #598,034 in Books (See Top 100 in Books) #109 in [Books > Sports & Outdoors > Coaching > Baseball](#) #1239 in [Books > Sports & Outdoors > Baseball](#)

Customer Reviews

I did find some points of interest in this book, and am sure that I will find more as I go back to certain sections. My problem with Dusty's book is that he advocates a downward swing path to the ball, which I believe is not the way good hitters swing. He does mention the "Ted Williams" approach of a slight upswing at point of contact (POC), but indicates that this is only for older kids that are capable of hitting home runs. However the picture of Pete Rose (surely a great singles hitter) on page 192 clearly shows a slight upswing at the POC. It is my opinion that virtually all major leaguers do NOT swing down through the ball, even if they say they do. Next time you watch a game carefully watch the slo-mo replays. So why would we want to teach young kids an incorrect bat path to the ball?? My 11 year old hits fine using a Williams style rotational batting technique (which actually is easy to teach). Another problem is that most of the pictures are 'staged' by players who are not moving when the picture was taken. To really see what happens you need to see a REAL swing. Almost all the 'staged' pictures show both arms extended straight at POC. But look at the few 'real' swing pictures in this book or elsewhere you will see the trailing arm bent, with the elbow close to the waist at POC. It is actually difficult to have good hip and shoulder rotation at POC and NOT keep your back arm bent. The method shown in this book was how I was taught many years ago- no wonder I was never any good! Some of the drills look ok, but the 'chair drill', which forces a strong down swing is something I will never teach my son. This drill also shows a general lack of understanding of the bat motion.

[Download to continue reading...](#)

You Can Teach Hitting: A Systematic Approach for Parents, Coaches, and Players
Lau's Laws on Hitting: The Art of Hitting .400 for the Next Generation; Follow Lau's Laws and Improve Your Hitting!
Soccer Injury Prevention and Treatment: A Guide to Optimal Performance for Players, Parents, and Coaches
Feeding the Young Athlete: Sports Nutrition Made Easy for Players, Parents, and Coaches
Bergey's Manual of Systematic Bacteriology: Volume One : The Archaea and the Deeply Branching and Phototrophic Bacteria (Bergey's Manual of Systematic Bacteriology 2nd Edition)
Bergey's Manual of Systematic Bacteriology: Volume 5: The Actinobacteria (Bergey's Manual of Systematic Bacteriology (Springer-Verlag))
Creating the Ultimate Racquetball Player: Learn the Secrets and Tricks Used by the Best Professional Racquetball Players and Coaches to Improve Your Athleticism, Conditioning, Nutrition
Women's Lacrosse: A Guide for Advanced Players and Coaches
Advanced Basketball Defense: The World's Most Complete Illustrated Guide For Coaches, Players & Die-Hard Fans
Coaching Youth Cricket: An Essential Guide for Coaches,

Parents and Teachers Positional Hitting: The Modern Approach to Analyzing and Training Your
Baseball Swing Players Making Decisions: Game Design Essentials and the Art of Understanding
Your Players Advanced Dungeons & Dragons Players: Players Handbook Esthetic Rehabilitation in
Fixed Prosthodontics: Prosthetic Treatment: A Systematic Approach to Esthetic, Biologic, and
Functional Integration Oracle Performance Survival Guide: A Systematic Approach to Database
Optimization (Prentice Hall Professional Oracle Series) Fractured Instrument Removal: A
Systematic Approach Kanski's Clinical Ophthalmology: A Systematic Approach, 8e Teenage
Waistland: A Former Fat-Camper Weighs in on Living Large, Losing Weight, And How Parents Can
(And Can't) Help Undoing Depression: What Therapy Doesn't Teach You and Medication Can't
Give You Beyond Friday Nights: College Football Recruiting for Players and Parents

[Dmca](#)